



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Fink, Ernst

Club: Vitalabo

Number: 639

Course: 42.25 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 3:39:31

Speed: 11.48 km/h

Running performance: 5:12 min/km

Rank in course/Total: 31 (of 148)

Rank in course/Men: 31 (of 130)

Best time in course: 2:45:50

Rank in category: 6(of 28)

Best time in the category: 2:59:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:20	4:43	7	2:36	43	3:04	3.25	15:20	4:43	24		34	2:32
Lap 2	3.25	15:46	4:51	8	2:52	44	3:08	6.50	31:06	4:47	24		34	4:54
Lap 3	3.25	16:03	4:56	8	2:50	48	3:32	9.75	47:09	4:50	24		34	6:52
Lap 4	3.25	15:57	4:54	8	2:26	40	3:26	13.00	1:03:06	4:51	24		34	8:18
Lap 5	3.25	15:57	4:54	7	2:26	35	3:20	16.25	1:19:03	4:51	24		34	9:12
Lap 6	3.25	16:22	5:02	8	2:42	42	3:44	19.50	1:35:25	4:53	24		34	8:43
Lap 7	3.25	16:47	5:09	7	3:04	43	4:07	22.75	1:52:12	4:55	24		34	7:32
Lap 8	3.25	17:08	5:16	8	3:19	43	4:31	26.00	2:09:20	4:58	24		33	3:26
Lap 9	3.25	17:27	5:22	6	3:27	35	4:44	29.25	2:26:47	5:01	24		33	3:56
Lap 10	3.25	18:10	5:35	6	3:50	41	5:21	32.50	2:44:57	5:04	23		33	4:19
Lap 11	3.25	18:27	5:40	5	3:49	34	5:25	35.75	3:03:24	5:07	23		33	3:15
Lap 12	3.25	18:02	5:32	4	3:03	31	4:38	39.00	3:21:26	5:09	23		32	1:25
Last lap Finish	3.25	18:05	5:33	5	3:24	33	17:48	42.25	3:39:31	5:11	6	39:48	34	3:19:20