



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Kiene, Michael

Club: 100 Marathon Club

Number: 504

Course: 42.25 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 3:43:50

Speed: 11.26 km/h

Running performance: 5:18 min/km

Rank in course/Total: 41 (of 148)

Rank in course/Men: 40 (of 130)

Best time in course: 2:45:50

Rank in category: 7(of 28)

Best time in the category: 2:51:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:07	4:39	11	2:19	39	2:51	3.25	15:07	4:39	10		43	2:19
Lap 2	3.25	16:08	4:57	13	2:44	56	3:30	6.50	31:15	4:48	22		43	5:03
Lap 3	3.25	16:16	5:00	13	3:15	56	3:45	9.75	47:31	4:52	22		43	7:14
Lap 4	3.25	16:24	5:02	14	3:27	54	3:53	13.00	1:03:55	4:54	22		43	9:07
Lap 5	3.25	16:14	4:59	12	3:06	49	3:37	16.25	1:20:09	4:55	22		43	10:18
Lap 6	3.25	16:28	5:03	11	3:33	44	3:50	19.50	1:36:37	4:57	22		43	9:55
Lap 7	3.25	16:47	5:09	10	3:29	43	4:07	22.75	1:53:24	4:59	22		43	8:44
Lap 8	3.25	17:08	5:16	10	3:50	43	4:31	26.00	2:10:32	5:01	22		42	4:38
Lap 9	3.25	17:39	5:25	11	4:27	42	4:56	29.25	2:28:11	5:03	22		42	5:20
Lap 10	3.25	17:57	5:31	8	4:32	37	5:08	32.50	2:46:08	5:06	22		41	5:30
Lap 11	3.25	18:41	5:44	10	5:27	39	5:39	35.75	3:04:49	5:10	22		41	4:40
Lap 12	3.25	19:14	5:55	11	5:47	47	5:50	39.00	3:24:03	5:13	22		40	4:02
Last lap Finish	3.25	19:47	6:05	14	19:30	59	19:30	42.25	3:43:50	5:17	8	1:58:53	44	3:23:39