



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Luksch, Marcus

Club: Niederstetten

Number: 657

Course: 42.25 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 3:44:13

Speed: 11.24 km/h

Running performance: 5:19 min/km

Rank in course/Total: 44 (of 148)

Rank in course/Men: 43 (of 130)

Best time in course: 2:45:50

Rank in category: 8(of 28)

Best time in the category: 2:51:44

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:20	5:19	21	4:32	82	5:04	3.25	17:20	5:19	21	0:21	47	4:32
Lap 2	3.25	17:25	5:21	20	4:01	85	4:47	6.50	34:45	5:20	21	0:13	47	8:33
Lap 3	3.25	17:02	5:14	17	4:01	76	4:31	9.75	51:47	5:18	8		47	11:30
Lap 4	3.25	17:16	5:18	16	4:19	72	4:45	13.00	1:09:03	5:18	21		47	14:15
Lap 5	3.25	17:57	5:31	19	4:49	82	5:20	16.25	1:27:00	5:21	21		47	17:09
Lap 6	3.25	16:58	5:13	15	4:03	61	4:20	19.50	1:43:58	5:19	21		47	17:16
Lap 7	3.25	17:14	5:18	13	3:56	55	4:34	22.75	2:01:12	5:19	21		47	16:32
Lap 8	3.25	17:16	5:18	11	3:58	49	4:39	26.00	2:18:28	5:19	21		46	12:34
Lap 9	3.25	17:18	5:19	8	4:06	32	4:35	29.25	2:35:46	5:19	21		46	12:55
Lap 10	3.25	17:24	5:21	6	3:59	30	4:35	32.50	2:53:10	5:19	21		45	12:32
Lap 11	3.25	17:24	5:21	6	4:10	27	4:22	35.75	3:10:34	5:19	21		45	10:25
Lap 12	3.25	17:02	5:14	5	3:35	17	3:38	39.00	3:27:36	5:19	21		44	7:35
Last lap Finish	3.25	16:37	5:06	6	16:20	20	16:20	42.25	3:44:13	5:18	9	1:59:16	47	3:24:02