



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Strommer, Markus

Club: Erlangen

Number: 660

Course: 42.25 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 3:45:11

Speed: 11.19 km/h

Running performance: 5:20 min/km

Rank in course/Total: 47 (of 148)

Rank in course/Men: 46 (of 130)

Best time in course: 2:45:50

Rank in category: 9(of 28)

Best time in the category: 2:51:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:04	4:19	3	1:16	15	1:48	3.25	14:04	4:19	20		49	1:16
Lap 2	3.25	13:55	4:16	3	0:31	13	1:17	6.50	27:59	4:18	20		49	1:47
Lap 3	3.25	14:27	4:26	3	1:26	16	1:56	9.75	42:26	4:21	20		49	2:09
Lap 4	3.25	14:48	4:33	3	1:51	17	2:17	13.00	57:14	4:24	20		49	2:26
Lap 5	3.25	15:29	4:45	6	2:21	25	2:52	16.25	1:12:43	4:28	20		49	2:52
Lap 6	3.25	15:53	4:53	8	2:58	29	3:15	19.50	1:28:36	4:32	20		49	1:54
Lap 7	3.25	15:57	4:54	6	2:39	27	3:17	22.75	1:44:33	4:35	20		49	
Lap 8	3.25	16:48	5:10	8	3:30	36	4:11	26.00	2:01:21	4:40	20		48	
Lap 9	3.25	17:30	5:23	9	4:18	36	4:47	29.25	2:18:51	4:44	20		48	
Lap 10	3.25	19:15	5:55	15	5:50	62	6:26	32.50	2:38:06	4:51	20		47	
Lap 11	3.25	21:53	6:44	23	8:39	91	8:51	35.75	2:59:59	5:02	20		47	
Lap 12	3.25	22:08	6:48	18	8:41	81	8:44	39.00	3:22:07	5:10	20		46	2:06
Last lap Finish	3.25	23:04	7:05	23	22:47	100	22:47	42.25	3:45:11	5:19	10	2:00:14	50	3:25:00