



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Kirchner, Bert

Club: Frankfurt

Number: 655

Course: 42.25 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 3:46:51

Speed: 11.11 km/h

Running performance: 5:22 min/km

Rank in course/Total: 49 (of 148)

Rank in course/Men: 48 (of 130)

Best time in course: 2:45:50

Rank in category: 10(of 28)

Best time in the category: 2:51:44

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:22	5:02	15	3:34	61	4:06	3.25	16:22	5:02	19		51	3:34
Lap 2	3.25	16:24	5:02	14	3:00	60	3:46	6.50	32:46	5:02	19		51	6:34
Lap 3	3.25	16:41	5:08	14	3:40	64	4:10	9.75	49:27	5:04	19		51	9:10
Lap 4	3.25	16:07	4:57	12	3:10	46	3:36	13.00	1:05:34	5:02	19		51	10:46
Lap 5	3.25	16:06	4:57	11	2:58	42	3:29	16.25	1:21:40	5:01	19		51	11:49
Lap 6	3.25	16:17	5:00	10	3:22	39	3:39	19.50	1:37:57	5:01	19		51	11:15
Lap 7	3.25	16:54	5:11	11	3:36	47	4:14	22.75	1:54:51	5:02	19		51	10:11
Lap 8	3.25	16:54	5:11	9	3:36	38	4:17	26.00	2:11:45	5:04	19		50	5:51
Lap 9	3.25	17:32	5:23	10	4:20	37	4:49	29.25	2:29:17	5:06	19		50	6:26
Lap 10	3.25	18:03	5:33	9	4:38	38	5:14	32.50	2:47:20	5:08	19		49	6:42
Lap 11	3.25	19:24	5:58	13	6:10	55	6:22	35.75	3:06:44	5:13	19		49	6:35
Lap 12	3.25	20:28	6:17	14	7:01	62	7:04	39.00	3:27:12	5:18	19		48	7:11
Last lap Finish	3.25	19:39	6:02	12	19:22	54	19:22	42.25	3:46:51	5:22	11	2:01:54	52	3:26:40