



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Wolf, Konstanze

Club: Bad Salzungen

Number: 467

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 47:58

Speed: 12.20 km/h

Running performance: 4:55 min/km

Rank in course/Total: 32 (of 149)

Rank in course/Women: 1 (of 44)

Best time in course: 47:58

Rank in category: 1(of 9)

Best time in the category: 47:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	15:24	4:44	1	-	1	-	3.25	15:24	4:44	1	-	34	
Lap 2	3.25	16:12	4:59	1	-	1	-	6.50	31:36	4:51	1	-	34	
Last lap Finish	3.25	16:22	5:02	1	-	1	-	9.75	47:58	4:55	1	-	2	2:55