



# 7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

## Detailed evaluation

**Marignoni, Stefan**

Club: Linz

Number: 434

Course: 9.75 km

10 km Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 47:58

Speed: 12.20 km/h

Running performance: 4:55 min/km

Rank in course/Total: 33 (of 149)

Rank in course/Men: 32 (of 105)

Best time in course: 32:58

Rank in category: 4(of 11)

Best time in the category: 45:13

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total |       | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Total ranking |               |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------|-------|-----------------|-------------|----------------|---------------|---------------|
|                 |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | km    | Time  |                 |             |                | Pos<br>Men    | Behind<br>Men |
| Lap 1           | 3.25        | 15:24         | 4:44            | 4           | 1:42           | 32          | 5:09          | 3.25  | 15:24 | 4:44            | 5           |                | 34            | 5:09          |
| Lap 2           | 3.25        | 16:12         | 4:59            | 2           | 1:06           | 28          | 4:25          | 6.50  | 31:36 | 4:51            | 4           | 1:36           | 32            | 6:51          |
| Last lap Finish | 3.25        | 16:22         | 5:02            | 3           | 1:09           | 36          | 8:09          | 9.75  | 47:58 | 4:55            | 4           | 2:45           | 33            | 15:00         |