



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Steinbrecher, Diethard

Club: 100 Marathon Club

Number: 508

Course: 42.25 km

Marathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 3:58:08

Speed: 10.58 km/h

Running performance: 5:38 min/km

Rank in course/Total: 70 (of 148)

Rank in course/Men: 69 (of 130)

Best time in course: 2:45:50

Rank in category: 2(of 2)

Best time in the category: 3:43:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:20	5:38	2	1:39	97	6:04	3.25	18:20	5:38	2	1:39	72	5:32
Lap 2	3.25	18:42	5:45	2	1:44	103	6:04	6.50	37:02	5:41	2	3:23	72	10:50
Lap 3	3.25	15:27	4:45	1	-	32	2:56	9.75	52:29	5:22	2	1:55	72	12:12
Lap 4	3.25	18:04	5:33	2	1:10	89	5:33	13.00	1:10:33	5:25	2	3:05	72	15:45
Lap 5	3.25	18:13	5:36	2	1:24	90	5:36	16.25	1:28:46	5:27	2	4:29	72	18:55
Lap 6	3.25	18:25	5:40	2	1:26	89	5:47	19.50	1:47:11	5:29	2	5:55	72	20:29
Lap 7	3.25	18:27	5:40	2	1:09	81	5:47	22.75	2:05:38	5:31	2	7:04	72	20:58
Lap 8	3.25	18:25	5:40	2	1:11	74	5:48	26.00	2:24:03	5:32	2	8:15	71	18:09
Lap 9	3.25	19:11	5:54	2	1:51	78	6:28	29.25	2:43:14	5:34	2	10:06	71	20:23
Lap 10	3.25	19:25	5:58	2	2:10	69	6:36	32.50	3:02:39	5:37	2	12:16	69	22:01
Lap 11	3.25	19:44	6:04	2	2:22	61	6:42	35.75	3:22:23	5:39	2	14:38	69	22:14
Lap 12	3.25	17:23	5:20	1	-	21	3:59	39.00	3:39:46	5:38	2	13:55	67	19:45
Last lap Finish	3.25	18:22	5:39	2	0:59	36	18:05	42.25	3:58:08	5:38	2	14:54	74	3:37:57