



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Unger, Thomas

Club: Laufftreff Arnstadt

Number: 542

Course: 42.25 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 4:00:17

Speed: 10.55 km/h

Running performance: 5:41 min/km

Rank in course/Total: 73 (of 148)

Rank in course/Men: 72 (of 130)

Best time in course: 2:45:50

Rank in category: 14(of 28)

Best time in the category: 2:59:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:41	5:08	11	3:57	65	4:25	3.25	16:41	5:08	1	-	42	3:53
Lap 2	3.25	16:47	5:09	13	3:53	70	4:09	6.50	33:28	5:08	1	-	76	7:16
Lap 3	3.25	17:10	5:16	15	3:57	78	4:39	9.75	50:38	5:11	1	-	76	10:21
Lap 4	3.25	17:19	5:19	14	3:48	76	4:48	13.00	1:07:57	5:13	1	-	76	13:09
Lap 5	3.25	17:41	5:26	14	4:10	76	5:04	16.25	1:25:38	5:16	1	-	76	15:47
Lap 6	3.25	17:55	5:30	14	4:15	78	5:17	19.50	1:43:33	5:18	1	-	76	16:51
Lap 7	3.25	17:58	5:31	14	4:15	72	5:18	22.75	2:01:31	5:20	1	-	76	16:51
Lap 8	3.25	18:20	5:38	12	4:31	73	5:43	26.00	2:19:51	5:22	1	-	75	13:57
Lap 9	3.25	18:25	5:40	12	4:25	65	5:42	29.25	2:38:16	5:24	1	-	75	15:25
Lap 10	3.25	19:07	5:52	10	4:47	58	6:18	32.50	2:57:23	5:27	1	-	73	16:45
Lap 11	3.25	20:09	6:11	14	5:31	67	7:07	35.75	3:17:32	5:31	1	-	73	17:23
Lap 12	3.25	21:10	6:30	14	6:11	71	7:46	39.00	3:38:42	5:36	1	-	72	18:41
Last lap Finish	3.25	21:35	6:38	16	6:54	77	21:18	42.25	4:00:17	5:41	15	1:00:34	77	3:40:06