



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Pelz, Marco

Club: Wabern

Number: 444

Course: 9.75 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 48:03

Speed: 12.17 km/h

Running performance: 4:56 min/km

Rank in course/Total: 34 (of 149)

Rank in course/Men: 33 (of 105)

Best time in course: 32:58

Rank in category: 8(of 24)

Best time in the category: 32:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	15:34	4:47	8	5:19	33	5:19	3.25	15:34	4:47	17			30	5:19
Lap 2	3.25	16:17	5:00	9	2:31	32	4:30	6.50	31:51	4:54	17			33	7:06
Last lap Finish	3.25	16:12	4:59	9	7:59	31	7:59	9.75	48:03	4:55	9	15:05		34	15:05