



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Sziburis, Sven

Club: Beuna

Number: 517

Course: 42.25 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 4:03:06

Speed: 10.37 km/h

Running performance: 5:45 min/km

Rank in course/Total: 78 (of 148)

Rank in course/Men: 77 (of 130)

Best time in course: 2:45:50

Rank in category: 15(of 28)

Best time in the category: 2:59:43

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 17:18 | 5:19 | 15 | 4:34 | 80 | 5:02 | 3.25 | 17:18 | 5:19 | 14 | 0:37 | 81 | 4:30 |
| Lap 2 | 3.25 | 17:48 | 5:28 | 17 | 4:54 | 89 | 5:10 | 6.50 | 35:06 | 5:24 | 14 | 1:38 | 81 | 8:54 |
| Lap 3 | 3.25 | 17:35 | 5:24 | 17 | 4:22 | 86 | 5:04 | 9.75 | 52:41 | 5:24 | 14 | 2:03 | 81 | 12:24 |
| Lap 4 | 3.25 | 17:34 | 5:24 | 15 | 4:03 | 79 | 5:03 | 13.00 | 1:10:15 | 5:24 | 14 | 2:18 | 81 | 15:27 |
| Lap 5 | 3.25 | 18:02 | 5:32 | 17 | 4:31 | 87 | 5:25 | 16.25 | 1:28:17 | 5:25 | 14 | 2:39 | 81 | 18:26 |
| Lap 6 | 3.25 | 18:28 | 5:40 | 16 | 4:48 | 90 | 5:50 | 19.50 | 1:46:45 | 5:28 | 14 | 3:12 | 81 | 20:03 |
| Lap 7 | 3.25 | 18:59 | 5:50 | 18 | 5:16 | 93 | 6:19 | 22.75 | 2:05:44 | 5:31 | 14 | 4:13 | 81 | 21:04 |
| Lap 8 | 3.25 | 18:42 | 5:45 | 15 | 4:53 | 79 | 6:05 | 26.00 | 2:24:26 | 5:33 | 14 | 4:35 | 80 | 18:32 |
| Lap 9 | 3.25 | 19:02 | 5:51 | 13 | 5:02 | 75 | 6:19 | 29.25 | 2:43:28 | 5:35 | 14 | 5:12 | 80 | 20:37 |
| Lap 10 | 3.25 | 19:20 | 5:56 | 12 | 5:00 | 64 | 6:31 | 32.50 | 3:02:48 | 5:37 | 14 | 5:25 | 78 | 22:10 |
| Lap 11 | 3.25 | 19:56 | 6:08 | 12 | 5:18 | 64 | 6:54 | 35.75 | 3:22:44 | 5:40 | 14 | 5:12 | 78 | 22:35 |
| Lap 12 | 3.25 | 20:30 | 6:18 | 13 | 5:31 | 63 | 7:06 | 39.00 | 3:43:14 | 5:43 | 14 | 4:32 | 77 | 23:13 |
| Last lap Finish | 3.25 | 19:52 | 6:06 | 10 | 5:11 | 61 | 19:35 | 42.25 | 4:03:06 | 5:45 | 16 | 1:03:23 | 82 | 3:42:55 |