



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Sziburis, Sven

Club: Beuna

Number: 517

Course: 42.25 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 4:03:06

Speed: 10.37 km/h

Running performance: 5:45 min/km

Rank in course/Total: 78 (of 148)

Rank in course/Men: 77 (of 130)

Best time in course: 2:45:50

Rank in category: 15(of 28)

Best time in the category: 2:59:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:18	5:19	15	4:34	80	5:02	3.25	17:18	5:19	14	0:37	81	4:30
Lap 2	3.25	17:48	5:28	17	4:54	89	5:10	6.50	35:06	5:24	14	1:38	81	8:54
Lap 3	3.25	17:35	5:24	17	4:22	86	5:04	9.75	52:41	5:24	14	2:03	81	12:24
Lap 4	3.25	17:34	5:24	15	4:03	79	5:03	13.00	1:10:15	5:24	14	2:18	81	15:27
Lap 5	3.25	18:02	5:32	17	4:31	87	5:25	16.25	1:28:17	5:25	14	2:39	81	18:26
Lap 6	3.25	18:28	5:40	16	4:48	90	5:50	19.50	1:46:45	5:28	14	3:12	81	20:03
Lap 7	3.25	18:59	5:50	18	5:16	93	6:19	22.75	2:05:44	5:31	14	4:13	81	21:04
Lap 8	3.25	18:42	5:45	15	4:53	79	6:05	26.00	2:24:26	5:33	14	4:35	80	18:32
Lap 9	3.25	19:02	5:51	13	5:02	75	6:19	29.25	2:43:28	5:35	14	5:12	80	20:37
Lap 10	3.25	19:20	5:56	12	5:00	64	6:31	32.50	3:02:48	5:37	14	5:25	78	22:10
Lap 11	3.25	19:56	6:08	12	5:18	64	6:54	35.75	3:22:44	5:40	14	5:12	78	22:35
Lap 12	3.25	20:30	6:18	13	5:31	63	7:06	39.00	3:43:14	5:43	14	4:32	77	23:13
Last lap Finish	3.25	19:52	6:06	10	5:11	61	19:35	42.25	4:03:06	5:45	16	1:03:23	82	3:42:55