



# 7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

## Detailed evaluation

**Seever, Thorsten**

Club: SG Motor Arnstadt  
Number: 596

Course: 42.25 km  
Marathon

Category:  
Senioren M40 (40-44 Jahre)

Total time: 4:04:46

Speed: 10.30 km/h  
Running performance: 5:47 min/km

Rank in course/Total: 79 (of 148)

Rank in course/Men: 78 (of 130)

Best time in course: 2:45:50

Rank in category: 20(of 28)

Best time in the category: 2:51:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:40	5:07	16	3:52	63	4:24	3.25	16:40	5:07	9		31	3:52
Lap 2	3.25	16:57	5:12	16	3:33	78	4:19	6.50	33:37	5:10	9		82	7:25
Lap 3	3.25	16:58	5:13	16	3:57	72	4:27	9.75	50:35	5:11	9		82	10:18
Lap 4	3.25	18:03	5:33	20	5:06	88	5:32	13.00	1:08:38	5:16	9		82	13:50
Lap 5	3.25	16:36	5:06	15	3:28	57	3:59	16.25	1:25:14	5:14	9		82	15:23
Lap 6	3.25	16:39	5:07	12	3:44	52	4:01	19.50	1:41:53	5:13	9		82	15:11
Lap 7	3.25	16:56	5:12	12	3:38	49	4:16	22.75	1:58:49	5:13	9		82	14:09
Lap 8	3.25	18:12	5:35	17	4:54	71	5:35	26.00	2:17:01	5:16	9		81	11:07
Lap 9	3.25	18:17	5:37	16	5:05	63	5:34	29.25	2:35:18	5:18	9		81	12:27
Lap 10	3.25	19:46	6:04	18	6:21	75	6:57	32.50	2:55:04	5:23	9		79	14:26
Lap 11	3.25	20:43	6:22	17	7:29	74	7:41	35.75	3:15:47	5:28	9		79	15:38
Lap 12	3.25	24:52	7:39	24	11:25	112	11:28	39.00	3:40:39	5:39	9	5:11	78	20:38
Last lap Finish	3.25	24:07	7:25	27	23:50	110	23:50	42.25	4:04:46	5:47	21	2:19:49	83	3:44:35