



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Gebes, Norbert

Club: Bad Lauchstädt

Number: 587

Course: 42.25 km

Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 4:06:14

Speed: 10.23 km/h

Running performance: 5:50 min/km

Rank in course/Total: 81 (of 148)

Rank in course/Men: 79 (of 130)

Best time in course: 2:45:50

Rank in category: 14(of 21)

Best time in the category: 3:05:18

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Stage score		Pos	Behind	Total		Pos	Behind	Total ranking	
	km	Time			min/km	Cat.			Men	Men			km	Time
Lap 1	3.25	15:53	4:53	8	2:40	58	3:37	3.25	15:53	4:53	9	1:53	83	3:05
Lap 2	3.25	16:35	5:06	11	3:15	67	3:57	6.50	32:28	4:59	9	3:38	83	6:16
Lap 3	3.25	16:58	5:13	11	3:40	72	4:27	9.75	49:26	5:04	9	5:26	53	9:09
Lap 4	3.25	17:18	5:19	13	3:51	75	4:47	13.00	1:06:44	5:08	9	7:20	83	11:56
Lap 5	3.25	17:47	5:28	13	4:01	78	5:10	16.25	1:24:31	5:12	9	9:51	83	14:40
Lap 6	3.25	18:24	5:39	16	4:34	88	5:46	19.50	1:42:55	5:16	9	12:47	83	16:13
Lap 7	3.25	18:31	5:41	14	4:32	83	5:51	22.75	2:01:26	5:20	9	15:05	83	16:46
Lap 8	3.25	19:09	5:53	16	4:56	87	6:32	26.00	2:20:35	5:24	9	16:54	82	14:41
Lap 9	3.25	19:59	6:08	15	5:18	86	7:16	29.25	2:40:34	5:29	9	16:52	82	17:43
Lap 10	3.25	21:03	6:28	15	6:13	87	8:14	32.50	3:01:37	5:35	9	16:27	80	20:59
Lap 11	3.25	22:17	6:51	14	7:09	92	9:15	35.75	3:23:54	5:42	9	14:35	80	23:45
Lap 12	3.25	21:14	6:31	13	5:18	72	7:50	39.00	3:45:08	5:46	9	10:40	79	25:07
Last lap Finish	3.25	21:06	6:29	14	5:44	73	20:49	42.25	4:06:14	5:49	14	1:00:56	84	3:46:03