



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Fischer, Doris

Club: Askö Breitenau

Number: 516

Course: 42.25 km

Marathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 4:06:44

Speed: 10.21 km/h

Running performance: 5:50 min/km

Rank in course/Total: 82 (of 148)

Rank in course/Women: 3 (of 18)

Best time in course: 3:43:33

Rank in category: 1(of 8)

Best time in the category: 4:06:44

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	16:39	5:07	2	0:27	3	0:27	3.25	16:39	5:07	2	-	3	16
Lap 2	3.25	16:40	5:07	1	-	2	0:08	6.50	33:19	5:07	2	-	2	16
Lap 3	3.25	16:48	5:10	1	-	2	0:03	9.75	50:07	5:08	2	-	2	16
Lap 4	3.25	17:06	5:15	1	-	2	0:24	13.00	1:07:13	5:10	2	-	2	16
Lap 5	3.25	17:22	5:20	1	-	2	0:49	16.25	1:24:35	5:12	2	-	2	16
Lap 6	3.25	17:42	5:26	1	-	2	0:46	19.50	1:42:17	5:14	2	-	2	16
Lap 7	3.25	18:51	5:48	1	-	3	0:37	22.75	2:01:08	5:19	2	-	3	16
Lap 8	3.25	20:19	6:15	1	-	4	3:12	26.00	2:21:27	5:26	2	-	4	16
Lap 9	3.25	20:44	6:22	2	0:08	5	3:16	29.25	2:42:11	5:32	2	-	5	16
Lap 10	3.25	21:19	6:33	2	0:07	4	3:12	32.50	3:03:30	5:38	1	-	4	16
Lap 11	3.25	21:39	6:39	3	0:29	8	3:57	35.75	3:25:09	5:44	1	-	8	16
Lap 12	3.25	21:32	6:37	2	0:33	6	3:39	39.00	3:46:41	5:48	1	-	6	16
Last lap Finish	3.25	20:03	6:10	1	-	3	2:53	42.25	4:06:44	5:50	2	24:41	4	24:41