



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Porstner, Thomas

Club: Gutsmuths-Rennsteiglauf-Verein
Number: 533

Course: 42.25 km
Marathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 4:08:40

Speed: 10.13 km/h
Running performance: 5:53 min/km

Rank in course/Total: 87 (of 148)

Rank in course/Men: 84 (of 130)

Best time in course: 2:45:50

Rank in category: 16(of 21)

Best time in the category: 3:05:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:31	5:23	14	4:18	86	5:15	3.25	17:31	5:23	7	3:31	88	4:43
Lap 2	3.25	17:22	5:20	15	4:02	84	4:44	6.50	34:53	5:21	7	6:03	88	8:41
Lap 3	3.25	17:33	5:24	14	4:15	85	5:02	9.75	52:26	5:22	7	8:26	88	12:09
Lap 4	3.25	17:51	5:29	14	4:24	83	5:20	13.00	1:10:17	5:24	7	10:53	88	15:29
Lap 5	3.25	18:04	5:33	14	4:18	88	5:27	16.25	1:28:21	5:26	7	13:41	88	18:30
Lap 6	3.25	18:15	5:36	13	4:25	82	5:37	19.50	1:46:36	5:28	7	16:28	88	19:54
Lap 7	3.25	18:32	5:42	15	4:33	84	5:52	22.75	2:05:08	5:30	7	18:47	88	20:28
Lap 8	3.25	18:49	5:47	15	4:36	81	6:12	26.00	2:23:57	5:32	7	20:16	87	18:03
Lap 9	3.25	19:11	5:54	14	4:30	78	6:28	29.25	2:43:08	5:34	7	19:26	87	20:17
Lap 10	3.25	20:04	6:10	14	5:14	80	7:15	32.50	3:03:12	5:38	7	18:02	85	22:34
Lap 11	3.25	21:11	6:31	13	6:03	79	8:09	35.75	3:24:23	5:43	7	15:04	85	24:14
Lap 12	3.25	21:55	6:44	14	5:59	80	8:31	39.00	3:46:18	5:48	7	11:50	84	26:17
Last lap Finish	3.25	22:22	6:52	16	7:00	90	22:05	42.25	4:08:40	5:53	16	1:03:22	89	3:48:29