



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Riehs, Sven

Club: LG Thalheim

Number: 555

Course: 42.25 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 4:11:06

Speed: 10.04 km/h

Running performance: 5:56 min/km

Rank in course/Total: 90 (of 148)

Rank in course/Men: 86 (of 130)

Best time in course: 2:45:50

Rank in category: 21(of 28)

Best time in the category: 2:51:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km			Pos Men	Behind Men
Lap 1	3.25	16:49	5:10	17	4:01	71	4:33	3.25	16:49	5:10	8		90	4:01
Lap 2	3.25	17:07	5:15	17	3:43	80	4:29	6.50	33:56	5:13	8		90	7:44
Lap 3	3.25	17:51	5:29	20	4:50	89	5:20	9.75	51:47	5:18	8		47	11:30
Lap 4	3.25	17:31	5:23	17	4:34	77	5:00	13.00	1:09:18	5:19	8		90	14:30
Lap 5	3.25	17:59	5:31	22	4:51	85	5:22	16.25	1:27:17	5:22	8		90	17:26
Lap 6	3.25	18:05	5:33	21	5:10	80	5:27	19.50	1:45:22	5:24	8		90	18:40
Lap 7	3.25	18:07	5:34	18	4:49	75	5:27	22.75	2:03:29	5:25	8		90	18:49
Lap 8	3.25	19:10	5:53	21	5:52	88	6:33	26.00	2:22:39	5:29	8	1:07	89	16:45
Lap 9	3.25	20:26	6:17	22	7:14	94	7:43	29.25	2:43:05	5:34	8	3:28	89	20:14
Lap 10	3.25	21:24	6:35	23	7:59	92	8:35	32.50	3:04:29	5:40	8	6:42	87	23:51
Lap 11	3.25	21:50	6:43	22	8:36	90	8:48	35.75	3:26:19	5:46	8	10:03	87	26:10
Lap 12	3.25	22:33	6:56	20	9:06	88	9:09	39.00	3:48:52	5:52	8	13:24	86	28:51
Last lap Finish	3.25	22:14	6:50	20	21:57	89	21:57	42.25	4:11:06	5:56	22	2:26:09	91	3:50:55