



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Lang, Franz

Club: MSC Rogner Bad Blumau
Number: 581

Course: 42.25 km
Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 4:23:05

Speed: 9.58 km/h
Running performance: 6:14 min/km

Rank in course/Total: 103 (of 148)

Rank in course/Men: 98 (of 130)

Best time in course: 2:45:50

Rank in category: 21(of 28)

Best time in the category: 2:59:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	19:37	6:02	23	6:53	112	7:21	3.25	19:37	6:02	9	2:56	78	6:49
Lap 2	3.25	18:58	5:50	22	6:04	109	6:20	6.50	38:35	5:56	9	5:07	101	12:23
Lap 3	3.25	18:52	5:48	21	5:39	102	6:21	9.75	57:27	5:53	9	6:49	101	17:10
Lap 4	3.25	19:07	5:52	21	5:36	105	6:36	13.00	1:16:34	5:53	9	8:37	101	21:46
Lap 5	3.25	18:57	5:49	20	5:26	102	6:20	16.25	1:35:31	5:52	9	9:53	101	25:40
Lap 6	3.25	19:19	5:56	20	5:39	105	6:41	19.50	1:54:50	5:53	9	11:17	101	28:08
Lap 7	3.25	19:33	6:00	20	5:50	98	6:53	22.75	2:14:23	5:54	9	12:52	101	29:43
Lap 8	3.25	20:10	6:12	20	6:21	99	7:33	26.00	2:34:33	5:56	9	14:42	100	28:39
Lap 9	3.25	20:22	6:15	18	6:22	93	7:39	29.25	2:54:55	5:58	9	16:39	100	32:04
Lap 10	3.25	20:33	6:19	15	6:13	84	7:44	32.50	3:15:28	6:00	9	18:05	98	34:50
Lap 11	3.25	23:49	7:19	23	9:11	106	10:47	35.75	3:39:17	6:08	9	21:45	98	39:08
Lap 12	3.25	22:13	6:50	20	7:14	84	8:49	39.00	4:01:30	6:11	9	22:48	97	41:29
Last lap Finish	3.25	21:35	6:38	16	6:54	77	21:18	42.25	4:23:05	6:13	22	1:23:22	103	4:02:54