



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Schulz, Viola

Club: ASC Ulm/Neu-Ulm

Number: 513

Course: 42.25 km

Marathon

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 4:26:41

Speed: 9.45 km/h

Running performance: 6:19 min/km

Rank in course/Total: 107 (of 148)

Rank in course/Women: 7 (of 18)

Best time in course: 3:43:33

Rank in category: 2(of 2)

Best time in the category: 4:10:06

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:42	5:45	2	1:33	9	2:30	3.25	18:42	5:45	2	1:33	12	0:51
Lap 2	3.25	18:41	5:44	2	1:20	9	2:09	6.50	37:23	5:45	2	2:53	12	1:14
Lap 3	3.25	18:56	5:49	2	1:20	7	2:11	9.75	56:19	5:46	2	4:13	12	1:26
Lap 4	3.25	19:14	5:55	2	1:17	6	2:32	13.00	1:15:33	5:48	2	5:30	12	1:21
Lap 5	3.25	19:37	6:02	2	1:21	7	3:04	16.25	1:35:10	5:51	2	6:51	12	1:23
Lap 6	3.25	19:58	6:08	2	0:58	9	3:02	19.50	1:55:08	5:54	2	7:49	12	1:33
Lap 7	3.25	20:14	6:13	2	1:33	9	2:00	22.75	2:15:22	5:57	2	9:22	12	1:26
Lap 8	3.25	20:33	6:19	2	1:22	5	3:26	26.00	2:35:55	5:59	2	10:44	12	0:54
Lap 9	3.25	21:48	6:42	2	2:07	10	4:20	29.25	2:57:43	6:04	2	12:51	12	1:03
Lap 10	3.25	21:23	6:34	1	-	5	3:16	32.50	3:19:06	6:07	2	12:17	12	0:18
Lap 11	3.25	22:01	6:46	2	1:15	9	4:19	35.75	3:41:07	6:11	2	13:32	12	
Lap 12	3.25	22:46	7:00	2	1:49	9	4:53	39.00	4:03:53	6:15	2	15:21	12	
Last lap Finish	3.25	22:48	7:00	2	1:14	10	5:38	42.25	4:26:41	6:18	2	16:35	8	44:38