



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Pape, Stephan

Club: Triabolos Hamburg

Number: 622

Course: 42.25 km

Marathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 4:27:34

Speed: 9.42 km/h

Running performance: 6:20 min/km

Rank in course/Total: 110 (of 148)

Rank in course/Men: 102 (of 130)

Best time in course: 2:45:50

Rank in category: 17(of 24)

Best time in the category: 2:45:50

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:58	5:50	18	6:42	107	6:42	3.25	18:58	5:50	7	2:55	105	6:10
Lap 2	3.25	18:44	5:45	17	6:06	104	6:06	6.50	37:42	5:48	7	5:32	105	11:30
Lap 3	3.25	18:38	5:44	17	5:56	98	6:07	9.75	56:20	5:46	7	8:10	105	16:03
Lap 4	3.25	19:01	5:51	19	6:23	102	6:30	13.00	1:15:21	5:47	7	11:06	105	20:33
Lap 5	3.25	18:47	5:46	17	6:10	98	6:10	16.25	1:34:08	5:47	7	13:52	105	24:17
Lap 6	3.25	19:09	5:53	19	6:31	101	6:31	19.50	1:53:17	5:48	7	17:00	105	26:35
Lap 7	3.25	20:21	6:15	19	7:41	107	7:41	22.75	2:13:38	5:52	7	20:52	105	28:58
Lap 8	3.25	21:31	6:37	19	8:54	110	8:54	26.00	2:35:09	5:58	7	25:27	104	29:15
Lap 9	3.25	21:16	6:32	18	8:33	105	8:33	29.25	2:56:25	6:01	7	29:02	104	33:34
Lap 10	3.25	21:52	6:43	17	9:03	103	9:03	32.50	3:18:17	6:06	7	31:57	102	37:39
Lap 11	3.25	22:17	6:51	16	9:15	92	9:15	35.75	3:40:34	6:10	7	33:41	102	40:25
Lap 12	3.25	22:52	7:02	16	9:28	89	9:28	39.00	4:03:26	6:14	7	34:44	101	43:25
Last lap Finish	3.25	24:08	7:25	18	11:03	112	23:51	42.25	4:27:34	6:19	19	4:07:23	107	4:07:23