



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Leumann, Jörg

Club: Hamburg

Number: 664

Course: 42.25 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 4:30:41

Speed: 9.31 km/h

Running performance: 6:25 min/km

Rank in course/Total: 117 (of 148)

Rank in course/Men: 106 (of 130)

Best time in course: 2:45:50

Rank in category: 22(of 28)

Best time in the category: 2:59:43

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Lap 1	3.25	20:16	6:14	26	7:32	121	8:00	3.25	20:16	6:14	7	3:35	110	7:28
Lap 2	3.25	20:20	6:15	26	7:26	121	7:42	6.50	40:36	6:14	7	7:08	110	14:24
Lap 3	3.25	20:08	6:11	26	6:55	122	7:37	9.75	1:00:44	6:13	7	10:06	110	20:27
Lap 4	3.25	20:06	6:11	26	6:35	121	7:35	13.00	1:20:50	6:13	7	12:53	110	26:02
Lap 5	3.25	20:25	6:16	25	6:54	116	7:48	16.25	1:41:15	6:13	7	15:37	110	31:24
Lap 6	3.25	20:54	6:25	26	7:14	118	8:16	19.50	2:02:09	6:15	7	18:36	110	35:27
Lap 7	3.25	20:03	6:10	21	6:20	104	7:23	22.75	2:22:12	6:15	7	20:41	110	37:32
Lap 8	3.25	20:51	6:24	22	7:02	106	8:14	26.00	2:43:03	6:16	7	23:12	109	37:09
Lap 9	3.25	21:22	6:34	24	7:22	109	8:39	29.25	3:04:25	6:18	7	26:09	109	41:34
Lap 10	3.25	21:28	6:36	18	7:08	93	8:39	32.50	3:25:53	6:20	7	28:30	107	45:15
Lap 11	3.25	21:05	6:29	15	6:27	77	8:03	35.75	3:46:58	6:20	7	29:26	107	46:49
Lap 12	3.25	21:21	6:34	15	6:22	74	7:57	39.00	4:08:19	6:22	7	29:37	106	48:18
Last lap Finish	3.25	22:22	6:52	21	7:41	90	22:05	42.25	4:30:41	6:24	23	1:30:58	111	4:10:30