



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

NAMI, MARIO

Club: US PRIMIERO

Number: 636

Course: 42.25 km

Marathon

Category:

Senioren M65 (65-69 Jahre)

Total time: 4:31:06

Speed: 9.30 km/h

Running performance: 6:25 min/km

Rank in course/Total: 118 (of 148)

Rank in course/Men: 107 (of 130)

Best time in course: 2:45:50

Rank in category: 1(of 2)

Best time in the category: 4:31:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:42	5:45	1	-	105	6:26	3.25	18:42	5:45	1	-	112	5:54
Lap 2	3.25	19:06	5:52	1	-	112	6:28	6.50	37:48	5:48	1	-	112	11:36
Lap 3	3.25	19:36	6:01	1	-	117	7:05	9.75	57:24	5:53	1	-	112	17:07
Lap 4	3.25	19:38	6:02	1	-	116	7:07	13.00	1:17:02	5:55	1	-	112	22:14
Lap 5	3.25	19:44	6:04	1	-	111	7:07	16.25	1:36:46	5:57	1	-	112	26:55
Lap 6	3.25	20:30	6:18	1	-	114	7:52	19.50	1:57:16	6:00	1	-	112	30:34
Lap 7	3.25	21:15	6:32	1	-	114	8:35	22.75	2:18:31	6:05	1	-	112	33:51
Lap 8	3.25	21:35	6:38	1	-	112	8:58	26.00	2:40:06	6:09	1	-	111	34:12
Lap 9	3.25	22:08	6:48	1	-	112	9:25	29.25	3:02:14	6:13	1	-	111	39:23
Lap 10	3.25	21:40	6:40	1	-	100	8:51	32.50	3:23:54	6:16	1	-	109	43:16
Lap 11	3.25	22:23	6:53	1	-	96	9:21	35.75	3:46:17	6:19	1	-	109	46:08
Lap 12	3.25	22:52	7:02	1	-	89	9:28	39.00	4:09:09	6:23	1	-	108	49:08
Last lap Finish	3.25	21:57	6:45	1	-	84	21:40	42.25	4:31:06	6:24	1	-	112	4:10:55