



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Habelt, Holger

Club: GutsMuths-Rennsteiglaufverein Suhl
Number: 534

Course: 42.25 km
Marathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 4:49:32

Speed: 8.70 km/h
Running performance: 6:51 min/km

Rank in course/Total: 131 (of 148)

Rank in course/Men: 118 (of 130)

Best time in course: 2:45:50

Rank in category: 20(of 21)

Best time in the category: 3:05:18

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.25	21:16	6:32	20	8:03	127	9:00	3.25	21:16	6:32	3	7:16	122	8:28
Lap 2	3.25	20:38	6:20	21	7:18	125	8:00	6.50	41:54	6:26	3	13:04	122	15:42
Lap 3	3.25	20:26	6:17	21	7:08	124	7:55	9.75	1:02:20	6:23	3	18:20	122	22:03
Lap 4	3.25	20:47	6:23	21	7:20	127	8:16	13.00	1:23:07	6:23	3	23:43	122	28:19
Lap 5	3.25	21:09	6:30	20	7:23	122	8:32	16.25	1:44:16	6:24	3	29:36	122	34:25
Lap 6	3.25	21:20	6:33	20	7:30	122	8:42	19.50	2:05:36	6:26	3	35:28	122	38:54
Lap 7	3.25	21:16	6:32	20	7:17	116	8:36	22.75	2:26:52	6:27	3	40:31	122	42:12
Lap 8	3.25	23:40	7:16	20	9:27	126	11:03	26.00	2:50:32	6:33	3	46:51	121	44:38
Lap 9	3.25	22:21	6:52	19	7:40	114	9:38	29.25	3:12:53	6:35	3	49:11	121	50:02
Lap 10	3.25	23:11	7:08	19	8:21	112	10:22	32.50	3:36:04	6:38	3	50:54	119	55:26
Lap 11	3.25	23:51	7:20	17	8:43	108	10:49	35.75	3:59:55	6:42	3	50:36	119	59:46
Lap 12	3.25	24:04	7:24	16	8:08	104	10:40	39.00	4:23:59	6:46	3	49:31	118	1:03:58
Last lap Finish	3.25	25:33	7:51	19	10:11	118	25:16	42.25	4:49:32	6:51	20	1:44:14	123	4:29:21