



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Hinkel, Friedrich

Club: TV-Lemberg

Number: 634

Course: 42.25 km

Marathon

Category:

Senioren M70 (70-74 Jahre)

Total time: 4:51:34

Speed: 8.64 km/h

Running performance: 6:54 min/km

Rank in course/Total: 132 (of 148)

Rank in course/Men: 119 (of 130)

Best time in course: 2:45:50

Rank in category: 1(of 1)

Best time in the category: 4:51:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	20:25	6:16	1	-	122	8:09	3.25	20:25	6:16	1	-	123	7:37
Lap 2	3.25	20:49	6:24	1	-	126	8:11	6.50	41:14	6:20	1	-	123	15:02
Lap 3	3.25	21:08	6:30	1	-	127	8:37	9.75	1:02:22	6:23	1	-	123	22:05
Lap 4	3.25	21:11	6:31	1	-	129	8:40	13.00	1:23:33	6:25	1	-	123	28:45
Lap 5	3.25	21:22	6:34	1	-	123	8:45	16.25	1:44:55	6:27	1	-	123	35:04
Lap 6	3.25	21:34	6:38	1	-	124	8:56	19.50	2:06:29	6:29	1	-	123	39:47
Lap 7	3.25	21:55	6:44	1	-	121	9:15	22.75	2:28:24	6:31	1	-	123	43:44
Lap 8	3.25	22:38	6:57	1	-	119	10:01	26.00	2:51:02	6:34	1	-	122	45:08
Lap 9	3.25	23:45	7:18	1	-	116	11:02	29.25	3:14:47	6:39	1	-	122	51:56
Lap 10	3.25	23:51	7:20	1	-	115	11:02	32.50	3:38:38	6:43	1	-	120	58:00
Lap 11	3.25	23:50	7:19	1	-	107	10:48	35.75	4:02:28	6:46	1	-	120	1:02:19
Lap 12	3.25	24:00	7:23	1	-	103	10:36	39.00	4:26:28	6:49	1	-	119	1:06:27
Last lap Finish	3.25	25:06	7:43	1	-	117	24:49	42.25	4:51:34	6:54	1	-	124	4:31:23