



# 7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

## Detailed evaluation

**Rosenbaum, Sven**

Club: SV Braunsbedra

Number: 382

Course: 9.75 km

10 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 50:32

Speed: 10.69 km/h

Running performance: 5:11 min/km

Rank in course/Total: 47 (of 149)

Rank in course/Men: 45 (of 105)

Best time in course: 32:58

Rank in category: 4(of 11)

Best time in the category: 39:28

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total |       | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Total ranking |               |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------|-------|-----------------|-------------|----------------|---------------|---------------|
|                 |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | km    | Time  |                 |             |                | Pos<br>Men    | Behind<br>Men |
| Lap 1           | 3.25        | 17:40         | 5:26            | 6           | 4:52           | 69          | 7:25          | 3.25  | 17:40 | 5:26            | 4           | 4:52           | 46            | 7:25          |
| Lap 2           | 3.25        | 16:33         | 5:05            | 4           | 3:09           | 39          | 4:46          | 6.50  | 34:13 | 5:15            | 4           | 8:01           | 44            | 9:28          |
| Last lap Finish | 3.25        | 16:19         | 5:01            | 3           | 3:03           | 35          | 8:06          | 9.75  | 50:32 | 5:10            | 4           | 11:04          | 46            | 17:34         |