



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Rösler, Jens

Club: Großröhrsdorf

Number: 454

Course: 9.75 km

10 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 39:28

Speed: 13.68 km/h

Running performance: 4:03 min/km

Rank in course/Total: 5 (of 149)

Rank in course/Men: 5 (of 105)

Best time in course: 32:58

Rank in category: 1(of 11)

Best time in the category: 39:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	12:48	3:56	1	-	6	2:33	3.25	12:48	3:56	1	-	5	2:33
Lap 2	3.25	13:24	4:07	1	-	4	1:37	6.50	26:12	4:01	1	-	5	1:27
Last lap Finish	3.25	13:16	4:04	1	-	5	5:03	9.75	39:28	4:02	1	-	5	6:30