



# 7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

## Detailed evaluation

**Postert, Matthias**

Club: Weidrenner

Number: 427

Course: 9.75 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 51:04

Speed: 10.57 km/h

Running performance: 5:14 min/km

Rank in course/Total: 54 (of 149)

Rank in course/Men: 51 (of 105)

Best time in course: 32:58

Rank in category: 6(of 13)

Best time in the category: 36:48

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:18	4:42	6	3:21	29	5:03	3.25	15:18	4:42	6	3:21	32	5:03
Lap 2	3.25	17:52	5:29	6	5:32	57	6:05	6.50	33:10	5:06	6	8:53	51	8:25
Last lap Finish	3.25	17:54	5:30	6	5:23	55	9:41	9.75	51:04	5:14	6	14:16	52	18:06