



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Dietzel, Mario

Club: SV Rot-Weiss Wiesenthal

Number: 388

Course: 9.75 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 51:28

Speed: 10.49 km/h

Running performance: 5:17 min/km

Rank in course/Total: 58 (of 149)

Rank in course/Men: 52 (of 105)

Best time in course: 32:58

Rank in category: 15(of 24)

Best time in the category: 32:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	15:38	4:48	9	5:23	37	5:23	3.25	15:38	4:48	10		33	5:23
Lap 2	3.25	17:28	5:22	15	3:42	51	5:41	6.50	33:06	5:05	10		52	8:21
Last lap Finish	3.25	18:22	5:39	17	10:09	61	10:09	9.75	51:28	5:16	16	18:30	53	18:30