



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Schuster, Paul

Club: Berlin
Number: 461

Course: 9.75 km
10 km Lauf

Category:
Männer (20-29 Jahre)

Total time: 51:54

Speed: 10.40 km/h
Running performance: 5:19 min/km

Rank in course/Total: 64 (of 149)

Rank in course/Men: 56 (of 105)

Best time in course: 32:58

Rank in category: 5(of 7)

Best time in the category: 34:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:02	4:56	6	4:57	48	5:47	3.25	16:02	4:56	5	4:57	58	5:47
Lap 2	3.25	17:48	5:28	5	6:01	55	6:01	6.50	33:50	5:12	5	10:58	56	9:05
Last lap Finish	3.25	18:04	5:33	5	6:18	58	9:51	9.75	51:54	5:19	5	17:16	57	18:56