



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Pawellek, Klaus

Club: BSG Areva/Siemens

Number: 311

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 52:19

Speed: 10.32 km/h

Running performance: 5:22 min/km

Rank in course/Total: 65 (of 149)

Rank in course/Men: 57 (of 105)

Best time in course: 32:58

Rank in category: 11(of 18)

Best time in the category: 39:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	15:50	4:52	7	3:03	44	5:35	3.25	15:50	4:52	9			59	5:35
Lap 2	3.25	17:53	5:30	12	4:28	58	6:06	6.50	33:43	5:11	9			57	8:58
Last lap Finish	3.25	18:36	5:43	14	5:18	63	10:23	9.75	52:19	5:21	11	12:49		58	19:21