



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Thiele, Ana Maria

Club: Für Ameli 2013

Number: 309

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 53:55

Speed: 10.02 km/h

Running performance: 5:32 min/km

Rank in course/Total: 71 (of 149)

Rank in course/Women: 11 (of 44)

Best time in course: 47:58

Rank in category: 1(of 5)

Best time in the category: 53:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	17:52	5:29	1	-	12	2:28	3.25	17:52	5:29	1	-	33	
Lap 2	3.25	18:04	5:33	1	-	11	1:52	6.50	35:56	5:31	1	-	33	
Last lap Finish	3.25	17:59	5:31	1	-	10	1:37	9.75	53:55	5:31	1	-	12	8:52