



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Riemenschneider, Marc

Club: TriaTeamTaunusstein

Number: 405

Course: 9.75 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 53:48

Speed: 10.04 km/h

Running performance: 5:31 min/km

Rank in course/Total: 69 (of 149)

Rank in course/Men: 59 (of 105)

Best time in course: 32:58

Rank in category: 7(of 13)

Best time in the category: 36:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	15:46	4:51	7	3:49	40	5:31	3.25	15:46	4:51	7	3:49	50	5:31	
Lap 2	3.25	18:43	5:45	7	6:23	66	6:56	6.50	34:29	5:18	7	10:12	60	9:44	
Last lap Finish	3.25	19:19	5:56	8	6:48	74	11:06	9.75	53:48	5:31	7	17:00	60	20:50	