



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Heide, Peter

Club: Schmalkalder LV

Number: 375

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 54:48

Speed: 9.85 km/h

Running performance: 5:37 min/km

Rank in course/Total: 77 (of 149)

Rank in course/Men: 65 (of 105)

Best time in course: 32:58

Rank in category: 13(of 18)

Best time in the category: 39:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:02	5:14	12	4:15	64	6:47	3.25	17:02	5:14	7	0:15	67	6:47
Lap 2	3.25	18:42	5:45	15	5:17	65	6:55	6.50	35:44	5:29	7	1:26	65	10:59
Last lap Finish	3.25	19:04	5:51	15	5:46	70	10:51	9.75	54:48	5:37	13	15:18	66	21:50