



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Morgenweck, Reik

Club: TV-Barchfeld

Number: 418

Course: 9.75 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 40:40

Speed: 13.28 km/h

Running performance: 4:10 min/km

Rank in course/Total: 7 (of 149)

Rank in course/Men: 7 (of 105)

Best time in course: 32:58

Rank in category: 2(of 24)

Best time in the category: 32:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	12:52	3:57	2	2:37	7	2:37	3.25	12:52	3:57	24		8	2:37
Lap 2	3.25	13:46	4:14	1	-	6	1:59	6.50	26:38	4:05	23		7	1:53
Last lap Finish	3.25	14:02	4:19	2	5:49	7	5:49	9.75	40:40	4:10	2	7:42	7	7:42