



# 7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

## Detailed evaluation

**Steffan, Torsten**

Club: SV 1916 Beuna

Number: 379

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 55:06

Speed: 9.80 km/h

Running performance: 5:39 min/km

Rank in course/Total: 81 (of 149)

Rank in course/Men: 68 (of 105)

Best time in course: 32:58

Rank in category: 14(of 18)

Best time in the category: 39:30

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	18:23	5:39	15	5:36	79	8:08	3.25	18:23	5:39	6	1:36	69	8:08
Lap 2	3.25	18:25	5:40	13	5:00	62	6:38	6.50	36:48	5:39	6	2:30	67	12:03
Last lap Finish	3.25	18:18	5:37	13	5:00	60	10:05	9.75	55:06	5:39	14	15:36	69	22:08