



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Hallmann, Thomas

Club: Hildesheim

Number: 97

Course: 9.75 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 56:11

Speed: 9.61 km/h

Running performance: 5:46 min/km

Rank in course/Total: 86 (of 149)

Rank in course/Men: 72 (of 105)

Best time in course: 32:58

Rank in category: 19(of 24)

Best time in the category: 32:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:23	5:39	20	8:08	79	8:08	3.25	18:23	5:39	6	1:38	69	8:08
Lap 2	3.25	18:51	5:48	18	5:05	68	7:04	6.50	37:14	5:43	6	3:32	71	12:29
Last lap Finish	3.25	18:57	5:49	19	10:44	69	10:44	9.75	56:11	5:45	20	23:13	73	23:13