



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Schaaf, André

Club: Die Mannschaft mit der Maus

Number: 314

Course: 9.75 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 56:47

Speed: 9.51 km/h

Running performance: 5:49 min/km

Rank in course/Total: 95 (of 149)

Rank in course/Men: 77 (of 105)

Best time in course: 32:58

Rank in category: 21(of 24)

Best time in the category: 32:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	18:47	5:46	21	8:32	85	8:32	3.25	18:47	5:46	5	2:02	77	8:32
Lap 2	3.25	19:19	5:56	21	5:33	77	7:32	6.50	38:06	5:51	5	4:24	75	13:21
Last lap Finish	3.25	18:41	5:44	18	10:28	66	10:28	9.75	56:47	5:49	22	23:49	78	23:49