



7. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 16.02.2013

Detailed evaluation

Fest, Michael

Club: Mühltaufverein

Number: 359

Course: 9.75 km

10 km Lauf

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 56:53

Speed: 9.49 km/h

Running performance: 5:50 min/km

Rank in course/Total: 97 (of 149)

Rank in course/Men: 78 (of 105)

Best time in course: 32:58

Rank in category: 7(of 7)

Best time in the category: 40:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:45	5:27	7	5:12	71	7:30	3.25	17:45	5:27	6	5:12	76	7:30
Lap 2	3.25	20:30	6:18	7	6:30	88	8:43	6.50	38:15	5:53	6	11:42	76	13:30
Last lap Finish	3.25	18:38	5:44	4	4:31	64	10:25	9.75	56:53	5:50	7	16:13	79	23:55