



Winterlaufserie des ELV 2013
Creuzburg / 24.02.2013

Detailed evaluation

Temmler, Silke

Club: SV Normania Treffurt
Number: 693

Course: 11.30 km
2. Lauf Langdistanz

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:04:11

Speed: 10.56 km/h
Running performance: 5:41 min/km

Rank in course/Total: 69 (of 80)
Rank in course/Women: 12 (of 16)
Best time in course: 48:19

Rank in category: 3(of 4)
Best time in the category: 53:28