



Winterlaufserie des ELV 2013

Creuzburg / 24.02.2013

Detailed evaluation

Grebe, Martin

Club: Laufftreff Altensteiner Park

Number: 658

Course: 11.30 km

2. Lauf Langdistanz

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:04:20

Speed: 10.54 km/h

Running performance: 5:41 min/km

Rank in course/Total: 70 (of 80)

Rank in course/Men: 58 (of 64)

Best time in course: 41:21

Rank in category: 10(of 12)

Best time in the category: 43:42