



Winterlaufserie des ELV 2013
Creuzburg / 24.02.2013

Detailed evaluation

Ertel, Frank

Club: Mühlhäuser Laufwölfe
Number: 722

Course: 11.30 km
2. Lauf Langdistanz

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:05:20

Speed: 10.10 km/h
Running performance: 5:47 min/km

Rank in course/Total: 71 (of 80)

Rank in course/Men: 59 (of 64)

Best time in course: 41:21

Rank in category: 4(of 4)

Best time in the category: 48:10