



Winterlaufserie des ELV 2013  
Creuzburg / 24.02.2013

Detailed evaluation

Heinrich, Matthias

Club: Bosch Eisenach  
Number: 629

Course: 5.50 km  
2. Lauf Kurzdistanz

Category:  
Senioren M55 (55-59 Jahre)

Total time: 27:12

Speed: 11.03 km/h  
Running performance: 4:57 min/km

Rank in course/Total: 11 (of 33)

Rank in course/Men: 9 (of 24)

Best time in course: 22:09

Rank in category: 1(of 1)

Best time in the category: 27:12