



Winterlaufserie des ELV 2013
Creuzburg / 24.02.2013

Detailed evaluation

Jaeger, Frank

Club: SV Sömmerda e.V.
Number: 701

Course: 11.30 km
2. Lauf Langdistanz

Category:
Senioren M45 (45-49 Jahre)

Total time: 44:43

Speed: 15.16 km/h
Running performance: 3:58 min/km

Rank in course/Total: 7 (of 80)

Rank in course/Men: 7 (of 64)

Best time in course: 41:21

Rank in category: 2(of 12)

Best time in the category: 43:42