



Winterlaufserie des ELV 2013
Creuzburg / 24.02.2013

Detailed evaluation

Rippel, Markus

Club: SV Nomania Treffurt
Number: 738

Course: 11.30 km
2. Lauf Langdistanz

Category:
Senioren M30 (30-34 Jahre)

Total time: 45:02

Speed: 15.06 km/h
Running performance: 3:59 min/km

Rank in course/Total: 8 (of 80)

Rank in course/Men: 8 (of 64)

Best time in course: 41:21

Rank in category: 1(of 5)

Best time in the category: 45:02