



Winterlaufserie des ELV 2013  
Creuzburg / 24.02.2013

Detailed evaluation

Hantzsch, Helmut

Club: The Rennsteig Runners  
Number: 705

Course: 11.30 km  
2. Lauf Langdistanz

Category:  
Senioren M65 (65-69 Jahre)

Total time: 50:29

Speed: 13.07 km/h  
Running performance: 4:28 min/km

Rank in course/Total: 29 (of 80)

Rank in course/Men: 28 (of 64)

Best time in course: 41:21

Rank in category: 1(of 3)

Best time in the category: 50:29