



Winterlaufserie des ELV 2013
Creuzburg / 24.02.2013

Detailed evaluation

Grosch, Hartmut

Club: Team Nutrilite
Number: 691

Course: 11.30 km
2. Lauf Langdistanz

Category:
Senioren M55 (55-59 Jahre)

Total time: 52:21

Speed: 12.61 km/h
Running performance: 4:38 min/km

Rank in course/Total: 32 (of 80)

Rank in course/Men: 30 (of 64)

Best time in course: 41:21

Rank in category: 3(of 4)

Best time in the category: 48:10