



Winterlaufserie des ELV 2013  
Creuzburg / 24.02.2013

Detailed evaluation

Heller, Jens

Club: Bad Salzungen  
Number: 715

Course: 11.30 km  
2. Lauf Langdistanz

Category:  
Senioren M35 (35-39 Jahre)

Total time: 53:26

Speed: 12.35 km/h  
Running performance: 4:44 min/km

Rank in course/Total: 37 (of 80)

Rank in course/Men: 34 (of 64)

Best time in course: 41:21

Rank in category: 9(of 10)

Best time in the category: 42:48