



Winterlaufserie des ELV 2013
Creuzburg / 24.02.2013

Detailed evaluation

ernst, beate

Club: Sonntagsläufer Tambach-Dietharz
Number: 681

Course: 11.30 km
2. Lauf Langdistanz

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 53:28

Speed: 12.34 km/h
Running performance: 4:44 min/km

Rank in course/Total: 38 (of 80)
Rank in course/Women: 4 (of 16)
Best time in course: 48:19

Rank in category: 1(of 4)
Best time in the category: 53:28