



Winterlaufserie des ELV 2013  
Creuzburg / 24.02.2013

Detailed evaluation

ernst, beate

Club: Sonntagsläufer Tambach-Dietharz  
Number: 681

Course: 11.30 km  
2. Lauf Langdistanz

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 53:28

Speed: 12.68 km/h  
Running performance: 4:44 min/km

Rank in course/Total: 38 (of 80)  
Rank in course/Women: 4 (of 16)  
Best time in course: 48:19

Rank in category: 1(of 4)  
Best time in the category: 53:28