



Winterlaufserie des ELV 2013

Creuzburg / 24.02.2013

Detailed evaluation

Andrä, Mario

Club: Laufftreff Breitung

Number: 703

Course: 11.30 km

2. Lauf Langdistanz

Category:

Senioren M40 (40-44 Jahre)

Total time: 53:52

Speed: 12.25 km/h

Running performance: 4:46 min/km

Rank in course/Total: 41 (of 80)

Rank in course/Men: 36 (of 64)

Best time in course: 41:21

Rank in category: 7(of 12)

Best time in the category: 45:10