



Winterlaufserie des ELV 2013

Creuzburg / 24.02.2013

Detailed evaluation

Pohl, Wolfgang

Club: SV Normania Treffurt

Number: 668

Course: 11.30 km

2. Lauf Langdistanz

Category:

Senioren M60 (60-64 Jahre)

Total time: 55:03

Speed: 11.99 km/h

Running performance: 4:52 min/km

Rank in course/Total: 45 (of 80)

Rank in course/Men: 39 (of 64)

Best time in course: 41:21

Rank in category: 2(of 3)

Best time in the category: 53:43