



## Winterlaufserie des ELV 2013

Creuzburg / 24.02.2013

### Detailed evaluation

**Rathgeber, Ronny**

Club: SV Normania Treffurt

Number: 707

Course: 11.30 km

2. Lauf Langdistanz

Category:

Senioren M40 (40-44 Jahre)

Total time: 55:53

Speed: 11.81 km/h

Running performance: 4:57 min/km

Rank in course/Total: 50 (of 80)

Rank in course/Men: 43 (of 64)

Best time in course: 41:21

Rank in category: 9(of 12)

Best time in the category: 45:10